

Essentials for Life

For Children
and Young People
Part One

PUZZLE AND ACTIVITIES PAGES AND RESOURCES

Lesson 1 - Printable poster of Matthew 6:33

Lesson 2- page 6 - 1 Timothy 3:16 Matching game

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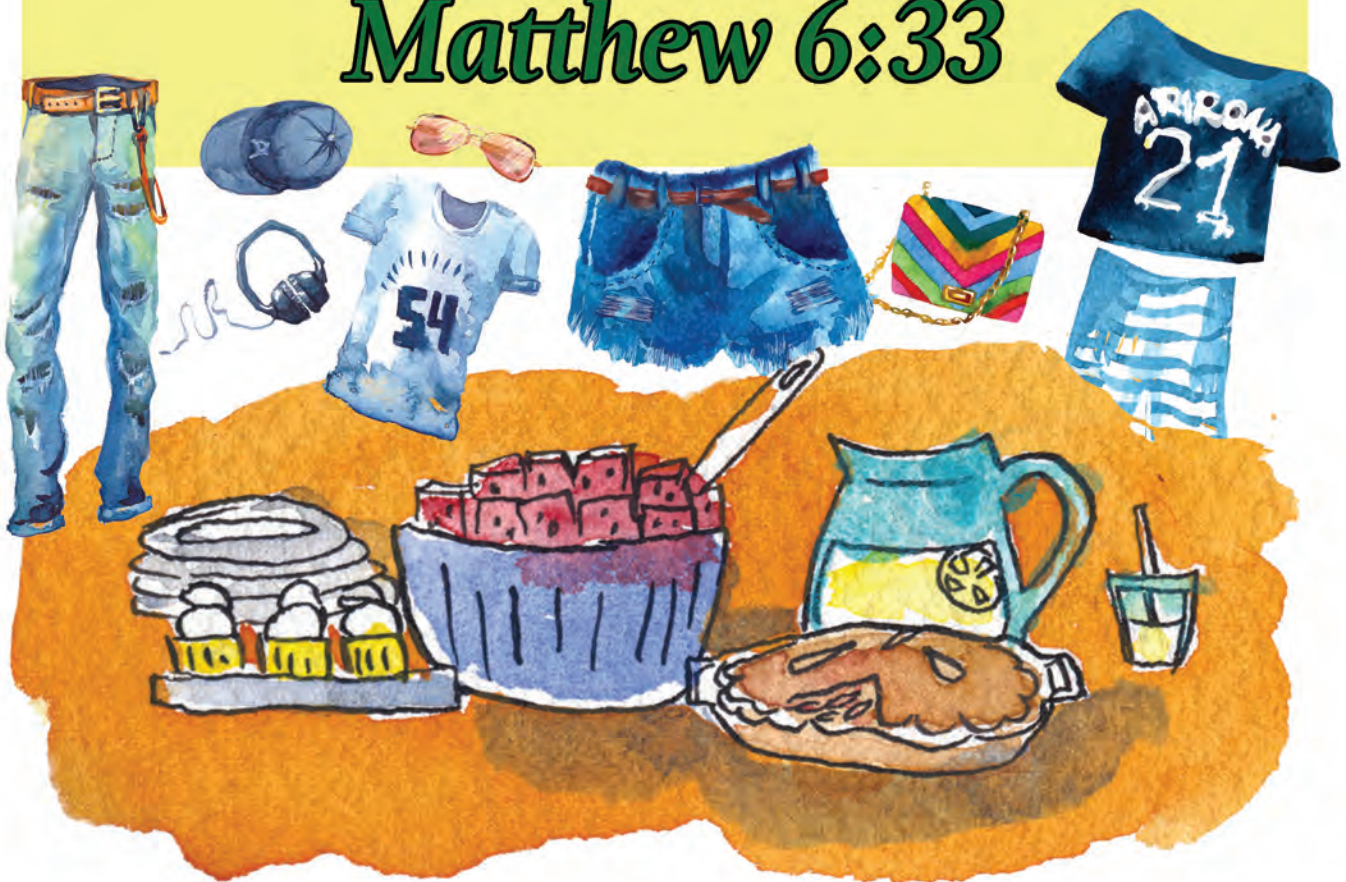
Lesson 16 - page 51 Printable Chart

Lesson 17 - page 54 Hidden Mystery Puzzle

Lesson 18 - page 58 Activity Directions

Answer Pages

*But seek ye first the
kingdom of God, and his
righteousness; and all
these things shall be
added unto you.
Matthew 6:33*



*When we put God first, He will provide
all that we need.*

LESSON
2

All Scripture is God Breathed
2 Timothy 3:16 Matching Game

Match the words on the left to the correct definition on the right by drawing a line connecting them.

God's Word is profitable for:

Doctrine

**Helps us see
when we are not
believing rightly**

Reproof

**That we may know
and live what is just
and right**

Correction

**God's Word teaches us
what to believe**

*Instruction in
Righteousness*

**How to get back
to believing
rightly**

2 Timothy 3:17 Activity idea:

If you were part of a group that was heading out on a long ocean voyage, with no way to resupply, what would you need to bring?

After that discuss our Heavenly Father's spiritual provision of our lives. He has fully equipped us for life's journey.

.....and we don't need to pack!

LESSON
3

God's Word is a Light unto my Path
Word Search

Printable version can be found at suminskifamilybooks.com

I C C K S A F E R U K E
P E A C E T B R E L M R
S S H I N E R L S P U I
O N P G Y F P O E H A G
R S O N S T H V N S N H
M E C I G E S E L G S T
N H M T R U S T A P N E
N P I O T U H H M R S O
H E S O O G H H P A T U
G R A C I O U S O C A S
O O G L A D G H C S P B
C O U N T E N A N C E U

LAMP
RIGHTEOUS
LOVETH
GLAD
TRUST
HEART

STRONG
SAFE
LIGHT
BLESS
KEEP
SHINE

GRACIOUS
COURTENEANCE
PEACE

ANSWERS CAN BE
FOUND IN THE BACK
OF THIS BOOK.

Hebrews 4:12

For the word of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.

LESSON

4

Activity/Experiment

Since most people do not have the equipment to demonstrate how silver is tried in a furnace, here is a simple activity to help reinforce what it means to purify something. God made His word truly and absolutely pure.

Every word of God is pure.

Pure: unmixed with additives or impurities, free of contamination.

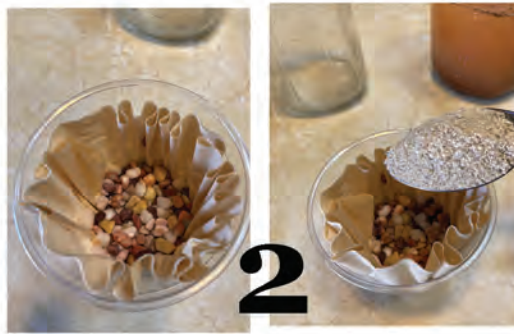
Filtering water to take out some of the contaminants:

Supplies needed:

- ***Two glass jars***
- ***Sand (about 1/2 cup or more, depending on size of plastic cup)***
- ***Gravel (about 1/2 cup or more, depending on size of plastic cup)***
- ***Three coffee filters***
- ***Dirty water***
- ***A plastic cup with a hole cut into the bottom***



1. Fill jar#1 with dirty water from a puddle, pond, stream or lake.
2. Make sure your plastic cup has a small hole drilled or poked out in the bottom. Then line your plastic cup with the three coffee filters. Place a layer of gravel and then sand in the top filter.
3. Place the plastic cup into the mouth of Jar#2.
4. Pour most of the dirty water from Jar#1 into the plastic cup sitting in Jar#2. Leave a small amount for later.
5. Observe the effect of the filtration. Compare the filtered water in Jar#2 with the unfiltered left in Jar#1.



LESSON 7

Figures of Speech Activity

Is it figurative or literal?

Figurative = When something is said or written in an unusual way that may give us a mind picture to think about and help us understand.

(example: He is so hungry he could eat a horse!)

Literal = to say or write exactly as it is.

(example: I was hungry, so I ate a snack.)

All scripture is given by inspiration of God (God-breathed)
2 Timothy 3:16

Jesus Christ opened the book and found the place
Luke 4:17

Thy words were found and I did eat them
Jeremiah 15:16

The righteous shall be glad in the LORD, and shall trust in Him
Psalm 64:10

The wicked flee when no man pursueth: but the righteous are bold as a lion.
Proverbs 28:1

If something is written to mean exactly what it says choose **Literal**
or
When the words do not mean exactly what they say choose **Figurative**

Literal

Easy to understand right in the verse

Figurative

What does God want us to know or think about in the verses using figurative language?



Scripture Build-up Activity

Read the four Gospel records of the miracle of feeding the 5,000. As you read fill in the chart below. By doing this you will see how reading about an event in multiple places can help paint a fuller picture of what happened. One box for each Gospel has been filled in for you to get you started (the King James Version has been used).

	Matthew 14: 13-21	Mark 6: 30-44	Luke 9: 10-17	John 6: 1-15
Where did it take place?	Matthew 14:13 <u>a desert* place</u>			
What time of day did it take place?				Not mentioned in this account
Bread and Fish information		Mark 6:38 <u>Five, and two fishes</u>		
How many people were in the multitude?			Luke 9:14 <u>about five thousand men</u>	

* desert place = Greek word *erēmos* means solitary, uninhabited, or desolate.

LESSON
6-9

WORD SCRAMBLE

Answer questions from Lessons 6-9 using the words in the Word Bank. Then using the red letters decode the message below. You will find the answers in the back of the book.

1. When something is true and faithful it has _____.
2. In most cases verses can be understood _____ in the _____.
3. We must read before and after the verse to make sure we see the big picture. This is called reading the _____.
4. When God says something in an unusual way which makes us stop and think it may be a _____ of _____.
5. Sometimes biblical _____ or _____ may need to be learned because we do not use those words now.
6. There are differences in how we live now and how they lived in the _____ and _____ of the Bible.

Word Bank

EXPRESSIONS	VERSE
FIGURE	LANDS
WORDS	RIGHT
TIMES	SPEECH
CONTEXT	
INTEGRITY	



Use the red letters from the words above to decode an important essential for life in the message below.

G _ D' _ _ _ _ IS T _ U _ _
 _ N _ _ T IS P _ R _ _ C T.

LESSON
10

Body, Soul, and Spirit Word Search

Printable version can be found at suminskifamilybooks.com

q u b y c b q t a l k w e s o
r p w c x o v z n o r a q b l
d e h k y a m b l s a l i x q
k s l y f s x m r f y k z w i
p c p a s n s c a e a d n s m
y b o i t i g c s n a y z o a
p o j n r i c s m b d t t u g
f d b n n i o a g u y e h l e
o y a b c e t n l s a o d e m
r l c w r l c u s l a z j z d
m u c z e z q t a h u g p s t
e k e c a v o g i l i w k t h
d e s z t p v y y o y p y d i
t k s w e m h d r z n y p f c
j a v j d b f s p i r i t f g

relationship
commanded
created
image

connection
physical
spirit
formed

spiritual
breathed
access
body

talk
soul
walk

ANSWERS CAN BE FOUND IN THE BACK OF THIS BOOK.

LESSON
12

Good News Activity

Write an article for God's Joyful News newspaper about some good news of the gospel of God. Use the template below (or print from QR code) or design your own newspaper. Include who, what, where, and how in your writing.



GOD'S JOYFUL NEWS

Jesus Christ declared to be the Son of God with power!

THE BEST NEWS YOU WILL EVER NEED

EST. GENESIS 3:15

Empty rectangular box for writing.

Large empty rectangular box for writing.

Empty rectangular box for writing.

LESSON
14

A Greater Baptism

WORD SCRAMBLE

Answer questions from Lesson 14 using the words in the Word Bank. Then using the red letters decode the message below. You will find the answers in the back of the book.

1. John the Baptist was sent by God to _____ the _____ for the coming savior.
2. The savior would not baptize with water, but that he would baptize with the _____.
3. For _____ truly _____ with water; but ye shall be baptized with the Holy Ghost [holy spirit] not many days hence.
4. But ye shall receive _____, after that the Holy Ghost is come upon you: and ye shall be _____ unto me both in Jerusalem, and in all Judea, and in Samaria, and unto the _____ part of the earth.



Word Bank

John	witnesses
uttermost	way
holy	baptized
power	spirit
prepare	

Use the red letters from the words above to decode an important message below.

The greater baptism-
to b_ b__ti_ed with the
_oly __ir_t.

LESSON
16

The Gentiles Receive the Gift of Holy Spirit
How to Receive Anything from God

Activity

Read the records below and complete the chart that indicates how they received the gift of holy spirit.

AVAILABILITY= When something is able to be used or obtained

ACQUISITION= the process of obtaining or receiving something

ACTUALIZATION= to make actual, to learn to use it, what to do with it

	Acts 1:4-5 Acts 2: 1-4	Acts 10: 44-46	Acts 19: 1-6
AVAILABILITY	<i>Jesus Christ gave them the promise of the Father</i>		
ACQUISITION		<i>The Holy Ghost (holy spirit) fell on them which heard the word</i>	
ACTUALIZATION			<i>They spake with tongues and prophesied</i>



In Colossians, God makes known what is the riches of the glory of this mystery. This is something for all of us to celebrate.

Colossians 1:27

To whom God would make known what is the riches of the glory of this mystery among the Gentiles; which is Christ in you, the hope of glory.

Next time you look in the mirror, remember that we are heirs of God together, members of the same body together and that it is Christ in you, the hope of glory!



**Unravel the Hidden Puzzle:
Until it is revealed it is a Mystery...**

Use the code to unravel the hidden message.
Use the answers given to help crack the code.

Hint: The mystery has been revealed

	1	2	3	4	5	6	7
1	A	E	I	M	Q	U	Y
2	B	F	J	N	R	V	Z
3	C	G	K	O	S	W	
4	D	H	L	P	T	X	

22 12 43 43 34 36 42 12 13 25 35
O S

35 11 14 12
S

21 34 41 17
O

and of the



LESSON 18

New Spirit Life

Activity: Our Connection to God

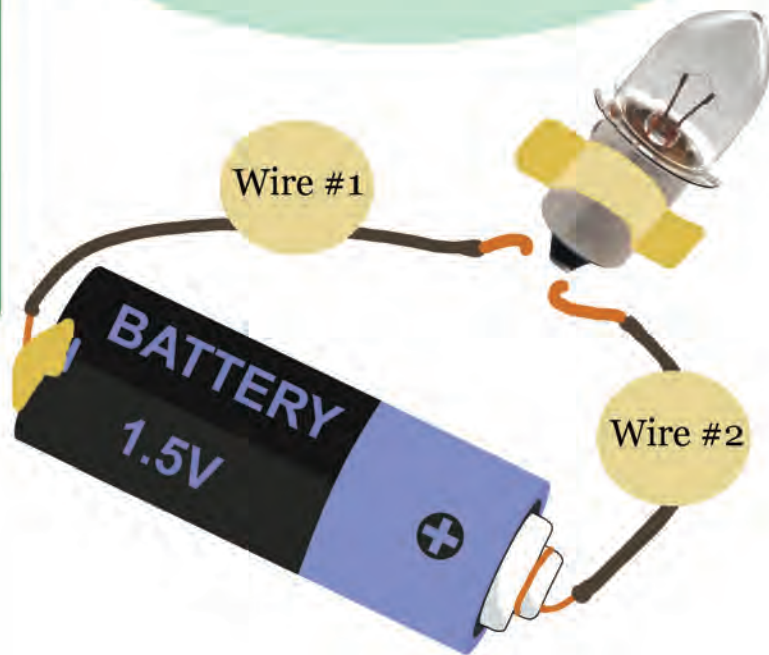
You will need:

- *A small flashlight bulb (or low voltage LED light bulb)
- *Any 1.5 volt household battery (AAA, AA, C, or D)
- *Tape
- *2 five-inch pieces of copper electrical wire

Link to supply kits available:



The holy spirit is born in us through the accomplishments of Jesus Christ our Savior. We now have a permanent connection to God, our spiritual power source.



Imagine wire #1 as Body and Soul. Attach it to the negative end of the battery (-), securing it with tape. Then attach it to the bulb. Does the bulb light up?

THEN:

Take wire #2 and think of it as holy spirit. Attach it to the positive terminal (+), secure it with tape, and attach it to the bulb. Now both wires should be connected. Does the bulb light up? It should, because now the current is fully connected to the power source. (If it doesn't light, check the connections, then try a new battery, then finally try another bulb).

TAKE NOTE:

This activity acts as an illustration. The only point being about the connection needed. Unlike the battery, wires, and the bulb, God's connection cannot fail or wear out - it is permanent!

ANSWERS TO PUZZLES AND ACTIVITIES

LESSON
2

Page 6

Doctrines	→	Helps us see when we are not believing rightly
Reproof	→	That we may know and live what is just and right
Correction	→	God's Word teaches us what to believe
Instruction in Righteousness	→	How to get back to believing rightly



LESSON
3

Page 9

I	C	K	S	A	F	E	R	U	K	E	
P	E	A	C	E	T	B	R	E	L	M	R
S	S	H	I	N	E	R	L	S	P	U	I
O	N	P	G	Y	F	P	O	E	H	A	G
R	S	O	N	S	T	H	V	N	S	N	H
M	E	C	I	G	E	S	E	L	G	S	T
N	H	M	T	R	U	S	T	A	P	N	E
N	P	I	O	T	U	H	H	M	R	S	O
H	E	S	O	O	G	H	H	P	A	T	U
G	R	A	C	I	O	U	S	O	C	A	S
O	O	G	L	A	D	G	H	C	S	P	B
C	O	U	N	T	E	N	A	N	C	E	U

LESSON
7

Page 23

2 Timothy 3:16 - Literal
Proverbs 28:1 - Figurative
Luke 4:17 - Literal
Jeremiah 15:16 - Figurative
Psalm 64:10 - Literal

ANSWERS TO PUZZLES AND ACTIVITIES

LESSON
6-9

Page 29

1. INTEGRITY
2. RIGHT, VERSE
3. CONTEXT
4. FIGURE, SPEECH
5. WORDS, EXPRESSIONS
6. LANDS, TIMES

**GOD'S WORD IS
TRUTH AND IT
IS PERFECT.**

LESSON
10

Page 32

q	u	b	y	c	b	q	t	a	k	w	e	s	o	
r	p	w	c	x	o	v	z	n	o	r	a	q	b	l
d	e	h	k	y	a	m	b	l	s	a	l	i	x	q
k	s	l	y	f	s	x	m	r	f	y	k	z	w	i
p	c	p	a	s	n	s	c	a	e	a	d	n	s	m
y	b	o	i	t	i	g	c	s	n	a	y	z	o	a
p	o	j	n	r	i	c	s	m	b	d	t	t	u	g
f	d	b	n	n	i	o	a	g	u	y	e	h	l	e
o	y	a	b	c	e	t	n	l	s	a	o	d	e	m
r	l	c	w	r	l	c	u	s	l	a	z	j	z	d
m	u	c	z	e	z	q	t	a	h	u	g	p	s	t
e	k	e	c	a	v	o	g	i	l	i	w	k	t	h
d	e	s	z	t	p	v	y	y	o	y	p	y	d	i
t	k	s	w	e	m	h	d	r	z	n	y	p	f	c
j	a	v	j	d	b	f	s	p	i	r	i	t	f	g



LESSON
14

Page 45

1. prepare, way
2. holy, spirit
3. John, baptized
4. power, witnesses, uttermost

The greater baptism-
to be baptized with
the holy spirit.

ANSWERS TO PUZZLES AND ACTIVITIES

LESSON
8

These answers were taken from the King James version. If you are using another version the wording may be slightly different.

	Matthew 14: 13-21	Mark 6: 30-44	Luke 9: 10-17	John 6: 1-15
Where did it take place?	Matthew 14:13 <u>a desert* place</u>	desert place	desert place belonging to the city of Bethsaida	up into a mountain
What time of day did it take place?	when it was evening	the day was now far spent	when the day began to wear away	Not mentioned in this account
Bread and Fish information	five loaves, and two fishes	Mark 6:38 <u>Five, and two fishes</u>	five loaves and two fishes	a lad had five barley loaves and two small fish
How many people were in the multitude?	about five thousand men, beside women and children	about five thousand men	Luke 9:14 <u>about five thousand men</u>	about five thousand



ANSWERS

TO PUZZLES AND ACTIVITIES

LESSON 16

Page 51

Answers may vary if you are paraphrasing, or using a different version other than King James Version.

AVAILABILITY	Acts 1:4-5 Acts 2: 1-4 <i>Jesus Christ gave them the promise of the Father</i>	Acts 10: 44-46 Peter yet spake these words... [Peter told them about Jesus Christ]	Acts 19: 1-6 Paul told them that it was available to receive holy spirit
ACQUISITION	They were all filled with the Holy Ghost [holy spirit]	<i>The Holy Ghost (holy spirit) fell on them which heard the word</i>	They were baptized in the name of the Lord Jesus
ACTUALIZATION	They began to speak with other tongues	They heard them speak with tongues, and magnify God	<i>They spake with tongues and prophesied</i>

LESSON 17

Page 54

FELLOW HEIRS and of the SAME BODY



LESSON 17

Page 55

Other suggested verses:

- Romans 8:37**
- Colossians 2:10**
- Ephesians 1:4**

To whom God would make known what is the riches of the glory of this mystery among the Gentiles; which is Christ in you, the hope of glory:

Colossians 1:27



**Look for Part 2 of
Essentials for Life for Children
and Young People**